



## Visiting a Loved One in the Hospital

### How can I connect with my loved one?

- **Visiting hours** are 8 a.m. to 8:30 p.m.
- **Emergency Department:** Adult patients can have 2 visitors at a time. Children (under age 18) can have 2 visitors at a time, plus siblings. If the waiting room gets very crowded, visitors might be asked to leave. Visitors for disabled people and visitors for children can stay in the waiting room.
- **Patients on special precautions:** Patients on special precautions due to illness such as COVID-19 or mpox are allowed 1 visitor at a time. The visitor must wear a face mask at all times in the room.
- **Patients having a baby (labor, delivery, and postpartum):** Except for the NICU, there's no limit on the number or ages of visitors each day. There's also no limit to visiting hours, but you may want to visit the family at home instead.
- **NICU:** 3 visitors ages 5 or older are allowed at a time (4 total per day).
- **Surgeries and procedures:** Patients (both adults and children) can have 2 visitors all through the surgery process. The 2 visitors can include children of any age. Children **can't** wait in the waiting room alone.
- **Mental health and addiction:** 2 visitors at a time are allowed for adults or children, following the site guidelines.
- **Patients with disabilities:** Can have a support person with them (family member, service provider, or someone well informed about their needs), plus the allowed number of visitors.

- **Other areas of the hospital:** There's generally no limit on the number or age of visitors.
- **People who are sick or showing symptoms of COVID-19 or flu:** Are not allowed to visit patients. We can only make exceptions in special cases.

### What are the guidelines for my visit?

Please follow these guidelines for your visit:

- Most patients, visitors, and staff may decide if you want to wear a mask. You may need to wear a mask in some high-risk units. Everyone is always welcome to wear a mask if they choose. If a patient, visitor, or staff member asks you to wear a mask, please comply and wear one.
- Clean your hands with alcohol hand sanitizer. Do this when you arrive at and leave the building and patient room.
- You **can't** visit if you have a fever, cough, shortness of breath, muscle aches, headaches, sore throat, or diarrhea (loose, watery stools).
- Children (under age 18) with an adult at the hospital or clinic must stay with the adult at all times. Children **can't** be in the waiting room alone.

For more information, visit [mhealthfairview.org](https://mhealthfairview.org).

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